

Seven Oaks Better Access to Groceries



Better Access to Groceries (BAG) is

Available for people in the Seven Oaks community

A bag of fresh and low-cost fruits and vegetables A program to promote healthy eating

You can learn more about Seven Oaks BAG online!

Join the Facebook Group: Seven Oaks Better Access to Groceries of "Like" us on Instagram: sevenoaksbag

BAG instructions:

- 1. FILL OUT order form below
- 2. ORDER YOUR BAG. Please see attached schedule
- Place your order by no later than 4:30 on the Monday before BAG pick up (See updated schedule→).

Email: sevenoaksbag@gmail.com

OR- Telephone: 204-9603050 (ask for Emmy) -OR-

In-person: 3-1050 Leila Avenue (Right behind the Shoppers Drug Mart)

4. PICK-UP YOUR BAG on the Scheduled Sunday and Enjoy!

Date: see attached schedule Location: Education room at 3-1050 Leila Avenue

SUNDAY PICK UP 10:00- 2 PM							
UPDATED							
ORDERS DUE BY Date below @ 4:30pm	PICK UP DATES Sunday	prepaid					
Monday January 13 th	January 19 th						
FRIDAY February 14 th	February 23rd						
Monday, March 17th	March 23rd						
Thursday April 17 th	April 27 th						
Any changes to schedule will be made one month in advance and members will be notified via email and/ posted at pick up							

- Please submit payment before the pick-up day. Exact change is preferred (change is not always available). Payment can be cash, or a cheque made out to Gwen Sector.
- If you notify the Coordinator you are missing the current month's bag pick up day after the order has been submitted to Save on Foods on Monday, we <u>cannot</u> hold your payment for the following month.

If you missed picking up your order, your payment DOES NOT go towards the next month.

Seven Oaks BAG: ORDER FORM	1	Date:	/ DAY	/ MONTH	YEAR	
First Name:	Last Name:					
Address:	Postal Code:					
Phone #:	Cell:		Email:			
Pro Qi	duce BAG \$10 (Contents w uantity:Total Order (/ill vary) Cost: \$				